

# JimJams Chocolate & Coconut Slice

## Ingredients

Product	Quantity
JimJams 83% Less Sugar Milk Chocolate Spread 350g	90.00 g
Weetabix 12 x 24	3.00 g
Crazy Jack Organic Desiccated Coconut 200g	85.00 g
Total Sweet Xylitol Natural Sugar Alternative 225g	120.00 g
McDougalls Self Raising Flour	150.00 g
Kerrygold Pure Irish Butter 250g	150.00 g
15 dozen Medium Free Range Eggs	1.00 g
Trewhiten Dairy Cornish Semi-Skimmed Milk 2 Litres	25.00 g
Crazy Jack Organic Rice Syrup 330g	25.00 g

Serves: 16

## Allergy Information

Key: Contains May Contain

Contains Cereal	Contains Gluten	Contains Milk	Contains Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

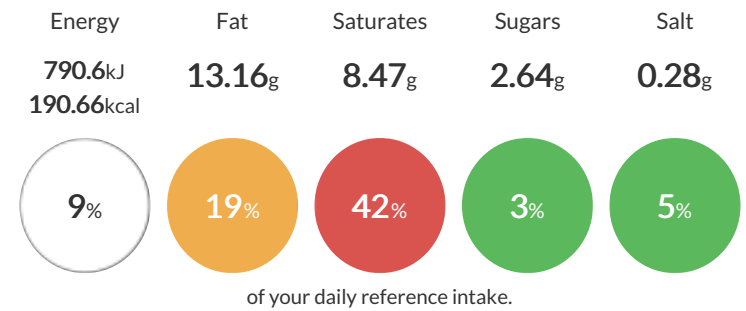
## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Reference Intake

Each serving contains:



## Nutritional Summary

Energy	790.6kJ 190.66kCal
Protein	1.79g
Carbohydrates	19.02g
of which sugars	2.64g
Non Milk Extrinsic Sugars	0g
Fat	13.16g
of which saturates	8.47g
Fibre	1.21g
Salt	0.28g
Sodium	0g
Iron	0.02mg
Calcium	0mg
Zinc	0mg
Folate	0.32µg
Vitamin A	0µg
Vitamin C	0mg

## Method & Recipe Notes

- Pre-heat oven to 180°C/Gas 4. Grease a baking tray and line with baking paper.
- Break up the Weetabix biscuits and place in a bowl with the coconut, sweetener and flour - stir.
- In a separate bowl, melt the butter and add the vanilla extract, 3 tbsps of JimJams 83% Less Sugar Chocolate Spread and 1 egg - mix.
- Pour the wet mixture over the dry ingredients and mix.
- If the mixture appears a little dry, add 2 tbsps of milk or Alpro Coconut. If the mixture looks like it needs help to bind together, add 2 tbsps of rice syrup (or honey).
- Spoon mixture into the tray and bake for 15-20 minutes.
- Remove from oven and allow to cool.
- Top the bake with 3 tbsps of JimJams 83% Less Sugar Chocolate Spread and smooth over the whole surface.
- Sprinkle with desiccated coconut.
- Place in fridge to firm before slicing and serving.

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